



LandPaths

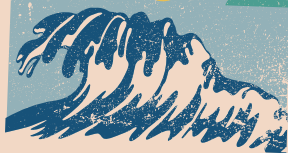
2022

Spring & Summer

inside:
CALENDAR
SUMMER IN THE GARDENS
NATURE ADVENTURES
GAGA FOR GRASSLANDS
+ much more

PLEASE TAKE ONE!

FREE



MISSION

TO FOSTER A LOVE OF THE LAND IN SONOMA COUNTY

LAND ACKNOWLEDGEMENT

The community gardens, office, and preserves stewarded by LandPaths in Sonoma County are located on the ancestral homelands of the Federated Indians of Graton Rancheria, including the Pomo and Coast Miwok, the Mayacamas Band of Wappo people, Kashia Band of Pomo Indians and Dry Creek Rancheria Band of Pomo Indians, past, present, and future. We recognize them as the First People and the First Stewards of this land. We are on occupied territory and acknowledge the ongoing devastation of colonization.

This land acknowledgement is just one step in LandPaths' efforts to repair the relationship with the original people of this land, and to respect, make space, and honor the knowledge, culture, and deep connection to the natural world of the First Peoples.

Join us in this process by connecting and uplifting Native organizations and resources!

ABOUT LANDPATHS

LandPaths is an environmental education and conservation leader with the mission to foster a love of the land in Sonoma County. We believe everyone should have access to the awe and inspiration of nature.

Annually, we engage thousands of people in joyful relationships with nature. We do this mainly through creative outings led in both English and Spanish, environmental education, nature camps, and caring for the land on preserves and community gardens stewarded by LandPaths.

The following pages are filled with inspiration to connect with nature, care for the land, and find joy in community. See you in the Big Outside!

CONNECT



Join 13,000 other subscribers and get our digital newsletter delivered to your inbox twice a month! Subscribe at landpaths.org or scan the QR code to get started.

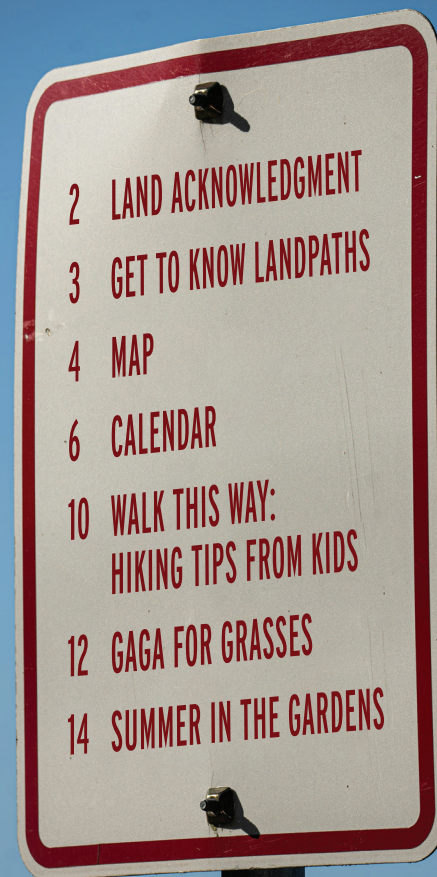
LandPaths
618 4th Street, #217, Santa Rosa
(707) 544-7284
outings@landpaths.org



@LandPaths

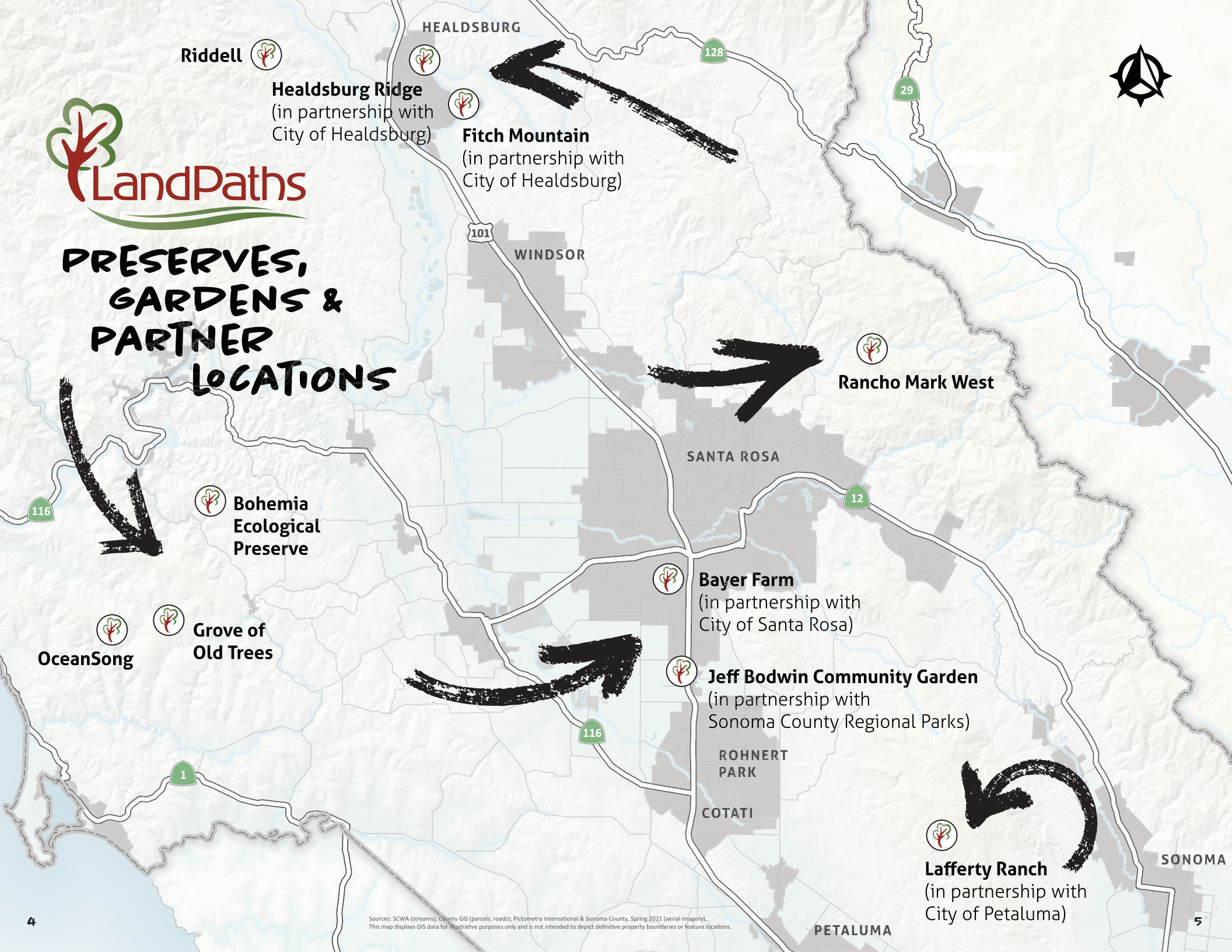


@LandPathsOfficial





PRESERVES, GARDENS & PARTNER LOCATIONS



Riddell

Healdsburg Ridge
(in partnership with
City of Healdsburg)

Fitch Mountain
(in partnership with
City of Healdsburg)

Rancho Mark West

**Bohemia
Ecological
Preserve**

OceanSong

**Grove of
Old Trees**

Bayer Farm
(in partnership with
City of Santa Rosa)

Jeff Bodwin Community Garden
(in partnership with
Sonoma County Regional Parks)

Lafferty Ranch
(in partnership with
City of Petaluma)

MAY



**WHATEVER YOUR
SKILL LEVEL OR
COMFORT IN THE
OUTDOORS, WE
HAVE A PLACE FOR
YOU. SIGN UP AT
LANDPATHS.ORG >
CALENDAR OR
SCAN THE
QR CODE.**

- 5/2 Volunteer Stewardship Day, Ocean Song-Myers Preserve
- 5/3 Grass Blast Kick Off! Ocean Song-Myers Preserve
- 5/3 Self-Guided Adventure, Rancho Mark West
- 5/3 Vamos de Caminada en Shell Beach
- 5/4 Self-Guided Adventure, Rancho Mark West
- 5/4 Exploring Ocean Song-Myers Preserve, in collaboration with Ag & Open Space
- 5/9 Grass Blast — grassland volunteer stewardship day, Bohemia Ecological Preserve
- 5/10 Vamos Afuera: Día de las madres en el Huerto de Árboles Antiguos
- 5/15 Grass Blast — grassland volunteer stewardship day, Ocean Song-Myers Preserve
- 5/17 Vamos Afuera: Acampar en el -18 Parque Regional de Gualala
- 5/18 Help Tend the Garden, Ocean Song-Myers Preserve
- 5/18 Family Hike with Docents, Bohemia Ecological Preserve
- 5/23 Grass Blast — grassland volunteer stewardship day, Bohemia Ecological Preserve
- 5/24 Late Spring Hike, Lafferty Ranch
- 5/24 Help Tend the Garden, Rancho Mark West

- 5/24 Submerge with Pride! LGBTQIA+ Pond Hang Out Day, in collaboration with Ag & Open Space, Rancho Mark West
- 5/25 Painting and Nature Walk with Manny, Location TBD
- 5/31 Grass Blast FINALE! Ocean Song-Myers Preserve
- 5/31 Vamos Afuera: Noche de astronomía, explorando los cosmos, Lafferty Ranch



JUNE



- 6/6 Volunteer Stewardship Day at Ocean Song-Myers Preserve
- 6/7 Self-Guided Adventure, Rancho Mark West
- 6/7 LandPaths' tabling & talk at Sonoma Wild festival, SOMO Event Center
- 6/7 Vamos Afuera: Explorando Spring Lake
- 6/8 Self-Guided Adventure, Rancho Mark West
- 6/13 Vamos Afuera: Acampar en el -15 Parque Estatal de Sugarloaf Ridge
- 6/14 Volunteer Pond Stewardship Day, Rancho Mark West
- 6/15 Help Tend the Garden, Ocean Song-Myers Preserve
- 6/20 Let's Read Outside launch, Bayer Farm
- 6/21 Early Summer Hike, Lafferty Ranch
- 6/21 Star Thistle Party, Bohemia Ecological Preserve
- 6/21 Vamos Afuera: Aventura fotográfica en la Reserva Ecológica Bohemia
- 6/24 Let's Read Outside Launch, Jeff Bodwin Community Garden
- 6/26 Spring Morning Hike, Lafferty Ranch
- 6/27 Let's Read Outside, Bayer Farm
- 6/28 Help Tend the Garden at Rancho Mark West
- 6/30 Camp Trillium for LGBTQIA+ and allies, LandPaths Preserve in West County
- 6/30 Russian River Teen Trek, -7/3 Forestville to the sea



**GO TO OUR
CALENDAR**

JULY



AUGUST



- 7/1 Let's Read Outside, Jeff Bodwin Community Garden
- 7/7 Paddle with Pride — LGBTQ+ teens and allies, Forestville to the sea
- 7/8 Let's Read Outside, Jeff's Bodwin Community Garden
- 7/10 Volunteer Stewardship Day, Ocean Song-Myers Preserve
- 7/11 Let's Read Outside, Bayer Farm
- 7/12 Vamos de Kayak en Hearts Desire
- 7/12 Volunteer Pond Stewardship Day, Rancho Mark West
- 7/15 Let's Read Outside, Jeff Bodwin Community Garden
- 7/18 Let's Read Outside, Bayer Farm
- 7/19 Midsummer Hike, Lafferty Ranch
- 7/19 Star Thistle Party, Bohemia Ecological Preserve
- 7/20 Help Tend the Garden, Ocean Song-Myers Preserve
- 7/22 Let's Read Outside, Jeff Bodwin Community Garden
- 7/25 Let's Read Outside, Bayer Farm
- 7/29 Let's Read Outside, Jeff Bodwin Community Garden

- 8/1 Let's Read Outside, Bayer Farm
- 8/3 Forest Bathing with docent Emily, Bohemia Ecological Preserve
- 8/5 Let's Read Outside, Jeff Bodwin Community Garden
- 8/8 Let's Read Outside, Bayer Farm
- 8/8 Vamos de Campamento en Audubon Canyon Ranch
- 8/12 Let's Read Outside, Jeff Bodwin Community Garden
- 8/15 Let's Read Outside, Bayer Farm
- 8/17 Help Tend the Garden, Ocean Song-Myers Preserve
- 8/19 Let's Read Outside, Jeff Bodwin Community Garden
- 8/22 Let's Read Outside, Bayer Farm
- 8/23 Late Summer Hike, Lafferty Ranch
- 8/23 Vamos a Explorar con Juan Carlos en Rancho Mark West
- 8/29 Let's Read Outside, Bayer Farm

SEPTEMBER

- 9/7 Full Moon Hike, Bohemia Ecological Preserve
- 9/21 Help Tend the Garden, Ocean Song-Myers Preserve
- 9/27 Early Fall Hike, Lafferty Ranch
- 9/27 Harvest Festival, Bayer Farm**



GO TO OUR CALENDAR



Building Bright Futures, One Dream at a Time.

Empowering the next generation of dreamers.

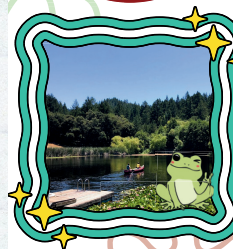
Proud sponsor of LandPaths.



Learn more at:
EXCHANGEBANK.COM

Submerge with Pride LGBTQIA+ POND DAY

**SATURDAY
MAY 24
9AM - 2PM**



Register Here



Join LandPaths & our partners at Ag + Open Space for a hike and plunge at LandPaths' beautiful pond at Rancho Mark West! Get a close look at what happens on the forest floor and around the pond after winter rains pass & spring sunshine helps the seedlings make their way into the world.

Transportation available! Space is limited. We will meet at Bayer Farm, 1550 West Ave., Santa Rosa 95407, at 8:30 a.m. Please be on time. This fun and refreshing outing is for individuals and families alike.

IF YOU NEED HELP TO REGISTER, YOU CAN CONTACT GILBERTO AT 707-307-9535 OR BY EMAIL AT GILBERTO@LANDPATHS.ORG





LandPaths, making magic happen, one property at a time!



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OCCIDENTAL CA 95465

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WALK THIS WAY

TIPS FOR ENJOYING NATURE FROM THE PROS!

A×L

What are the three most important things to bring on a hike?

Water bottle, lunch, and a sweater.

What do you need to look out for in nature?

Creatures and little gaps in the ground in case you trip.

How do you get better at hiking?

By practicing, looking out, wearing boots, and practicing more!

Favorite outdoor activity?

I would probably say making the trail.

Why is being outside good for you?

You get to explore and all the trees make you breathe better.

What is your favorite place in nature to visit?

Right here, right now.

JULIANNA

Who is your favorite person to hike with?

My dad.

What is your favorite hiking snack?

Maybe just some apples and some grapes.

Why is being outside good for you?

You get to do new things and you get some sunlight because sometimes it gets dark in the house.



AHA

What are the three most important things to bring on a hike?

Water bottle, jacket, and long pants.

Who is your favorite person to hike with?

My parents and my little brother.

Favorite hiking snack?

Pretzels.

If you could spend a whole day in nature, what would you do?

Water the plants, go hiking, or go to the beach.

Favorite place to visit in Sonoma County?

Howarth Park.



NOAH

What are the three most important things to bring on a hike?

Water bottle, backpack and hiking stick.

What do you need to look out for in nature?

Coyotes and mountain lions .

What is your favorite hiking snack?

Granola bar.

Why is being outside good for you?

It helps you get rid of all the stuff in the mind like electronics.

If you could spend a whole day in nature, what would you do?

First hiking, then a swim in the pond, and after a snack break, we go home!



Caring for Grasses

Caring for the land at LandPaths always begins with nature-driven seasonal needs. While fall and winter generally focus on thinning forests and reducing fire fuel loads before the beginning of bird nesting season in February, spring and summer are all about grasslands, grasslands, grasslands!

This is because winter rains spur on new and expansive growth of both rare native plants and invasive species. As we turn our attention to grasslands this spring, here are a few concepts that illuminate why this stewardship task, while not the most glamorous, is one worth doing.

WHAT GOOD IS A GRASSLAND?

Often written off as empty, dormant space between other habitat types, grasslands are actually important ecosystem engines. Empty space? Far from it! In fact, grasslands are home to 40% of California's native plant species. And they provide food and homes to countless animal species. Dormant? Au contraire. Grasslands capture, filter, and store water and anchor soil to the earth.

Indeed, California's grasslands are especially important as

carbon sinks — meaning they can pull carbon dioxide out of the atmosphere and store it in the soil. Grasslands are capable of storing more carbon **than any other ecosystem in America**, including forests. This is in part due to the deep roots of native perennial grasses like California Oat Grass (*Danthonia californica*) and Purple Needlegrass (*Stipa pulchra*). These are just two of the iconic grass species that dominate the coastal prairie habitats at LandPaths' Ocean Song-Myers Preserve and Bohemia Ecological Preserve.

SEE FOR YOURSELF

Want to see these wonders of nature yourself? Check out the calendar at the front of this zine and save the dates for our annual Grass Blast volunteer stewardship days in May. You'll have the opportunity to experience these awe-inspiring grasslands at the peak of wildflower season. You'll help us remove invasive species and learn about the ecosystem function of grasslands, and how to identify parts of a grass from our plant-loving stewardship team. And identify a few wildflowers along the way. See you there!





SUMMER IN THE GARDENS

Bayer Farm in Roseland and Jeff Bodwin Community Garden in southwest Santa Rosa are welcoming community hubs where families of all kinds grow food, meet for potlucks, laugh, make art, and garden together. Local schools, from preschool to high school levels, utilize the garden for environmental education and inspiration for future earth stewards. Whether you're a regular or visiting for the first time, you'll find a strong sense of belonging and good vibes in the gardens with LandPaths!

Here are a few ways to get involved this spring and summer:

- **Participate in a drop-in gardening day.** Days/times listed at right
- **Join the Harvesters at Bayer Farm** — volunteer harvesters collect food from the teaching garden and offer it to the public from the farm stand on Wednesdays.
- Bring kids between the ages of 0 to 6 (and their older siblings) to **Let's Read Outside**, featuring guest readers and fun, free art activities! Tuesdays at 10:30am at Jeff's Garden and Fridays at 10:30am at Bayer Farm starting in June!
- More than 100 families **grow fresh food** in their own family plots at the gardens. Plot adoption agreements are signed in October.
- Learn about herbs and plants in the garden and how to prepare them with **Farming for Health**. First Tuesdays of the month, 10am–11:30am.

DROP-IN GARDENING DAYS

Everyone is welcome! Please bring garden gloves, if you have them, water, and snacks. We'll provide the tools and everything else you need to be successful!

Jeff Bodwin Community Garden
3399 Moorland Avenue,
Santa Rosa
Tuesdays & Thursdays,
10am–4pm
2nd Saturday of the month,
9am–12pm

Bayer Farm
1550 West Avenue, Santa Rosa
Wednesdays & Fridays,
10am–4pm
3rd Saturday of the month,
9am–12pm

Thanks to these partners for making the programming at the gardens possible:



Happiness is... a visit to the Schulz Museum!

See what's new and on view
at schulzmuseum.org.



2301 Hardies Lane, Santa Rosa
(707) 579-4452
Weekdays: 11:00 am–5:00 pm*
Weekends: 10:00 am–5:00 pm
*Closed on Tuesdays



©PNTS



PARTICIPATE

SO MANY WAYS TO

Root your child in nature
with a **CAMP, TEEN TREK,**
or **SCHOOL PROGRAM.**

VOLUNTEER at Owl Camp,
Camp Trillium, Teen River
Trek, or Paddle with Pride.

Care for the land and
connect with community
on a volunteer
STEWARDSHIP DAY.

Sign up for an **OUTING**
in English or Spanish.

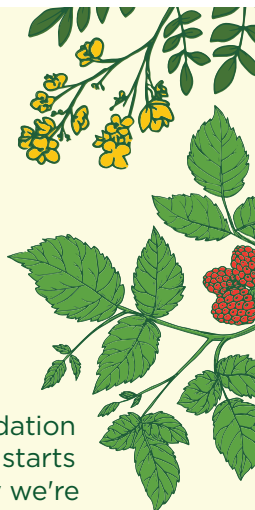
Become a **GARDENER** at
Bayer Farm or Jeff Bodwin
Community Garden.

Between the age of 16–20?
Gain hands-on work experience
as a **YOUNG STEWARD.**

Connect people with the land
as a LandPaths' **DOCENT.**

PARTNER with us through
your district, business, or
community organization.

Explore more at **LANDPATHS.ORG!**



The Traditional Medicinals Foundation
believes that caring for the land starts
with connecting to it. That's why we're
proud to support LandPaths in fostering
a love of nature in Sonoma County.

**Together, we're building a future
rooted in stewardship and conservation.**